

Track Drill



This drill is designed to help you hit your chips on the intended line every time. Take two clubs and make a narrow track. Turn the club heads on the ground outwards. Use a 7 or 8 iron to chip.

Make a stroke with the club coming back only slightly inside on the backswing. Go straight through and finish low on the follow-through. Follow-through is longer than your backswing.

Hit some shots to the hole making sure you accelerate the club head through the shot. Gradually increase the distance using a fuller swing.

Purpose

1. **To learn the correct club head path.** The chip shot calls for a low club head finish while extending straight down the target line. Laying down tracks as guides ensures hitting the ball along the intended target line every time. With the chipping line clearly pointed out you can focus your attention on hitting the ball solidly with a descending, brushing stroke.
2. **To practice club head control.** The chip is an accelerating, straight-through type of shot. The club head remains square the majority of the time, opening only slightly on the backswing and closing only slightly on the follow-through.
3. **To learn the importance of a descending blow.** The short backswing makes it easier to hit the ball first in a descending blow which brushes or sweeps the ball and pops it onto the green. This makes for solid contact.